

2025 SKY RANCH FALL MENU

SUNDAY

BREAKFAST

BELGIUM WAFFLE
SCRAMBLED EGGS
BACON
SAUSAGE LINKS
*SEASONED HASHBROWNS
YOGURT
COFFEE CAKE
CINNAMON ROLL

LUNCH

DINNER

MONDAY

BREAKFAST

LUNCH

DINNER

TUSCAN CHICKEN PASTA
STEAMED BROCCOLI
GARLIC BREAD
CHOCOLATE CHUNK COOKIE
SALAD BAR
*CUCUMBER TOMATO SALAD
*TOSCANO SOUP

POT ROAST
MASHED POTATOES
GRAVY
GREEN BEANS
HOMEMADE ROLL
SMORES PUDDING PARFAIT
SALAD BAR
*BAKED POTATO BAR

TUESDAY

BREAKFAST

SCRAMBLE EGGS
BACON
BISCUITS/GRAVY
BAGEL/TOAST STATION
FRUIT/YOGURT BAR
OATMEAL BAR
CHOICE OF CEREAL
*COFFEE CAKE
*MONOMYTH COFFEE

LUNCH

CHICKEN OR BEEF NACHO'S
CILANTRO RICE
BUTTERED CORN
TOPPINGS:
PICO, SOUR CREAM, SALSA, GUACAMOLE
**CHURRO
*TX RANCH SALAD
*CHICKEN TORTILLA SOUP

DINNER

BAKED ZITI
SQUASH MEDLEY
GARLIC BREAD
CHOCOLATE CHIP BROWNIE
SALAD BAR
*CHICKEN ALFREDO

**Adult and Staff Option*

***Special diet alternatives are available upon request. Please contact Heidi Hays, Food Service Liaison, for further questions or concerns at HeidiH@SkyRanch.org*

GLUTEN FREE OPTIONS AVAILABLE

WEDNESDAY

BREAKFAST

SCRAMBLED EGGS
SAUSAGE PATTIES
PANCAKE
SYRUP AND BUTTER
FRUIT/YOGURT BAR
OATMEAL BAR
CHOICE OF CEREAL
*BACON
*MONOMYTH COFFEE

LUNCH

HAMBURGER
BUN
BACON
CRINKLE CUT FRIES
CHOCOLATE CHIP COOKIE
LETTUCE/TOMATO/PICKLE
ASSORTED CHEESE
SALAD BAR
*GRILLED CHICKEN
*POTATO SALAD

DINNER

CHICKEN STRIPS
WHITE CHEDDAR MAC & CHEESE
STEAMED BROCCOLI
HOMEMADE ROLL
APPLE COBBLER & WHIP TOPPING
*BAKE POTATO BAR

THURSDAY

BREAKFAST

SCRAMBLED EGGS
BACON
BISCUITS/GRAVY
BAGEL/TOAST STATION
FRUIT/YOGURT BAR
OATMEAL BAR
CHOICE OF CEREAL
*MONOMYTH COFFEE

LUNCH

CHICKEN QUESADILLA
SPANISH RICE
REFRIED BEANS
CHURRO
SALAD BAR
*TX RANCH SALAD
*CHICKEN TORTILLA SOUP

DINNER

BAKED ZITI
BUTTERED CORN
GARLIC BREAD
CHOCOLATE CHUNK COOKIE
SALAD BAR
*CHICKEN ALFREDO

FRIDAY

BREAKFAST

SCRAMBLED EGGS
SAUSAGE PATTIES
PANCAKE
SYRUP AND BUTTER
FRUIT/YOGURT BAR
OATMEAL BAR
CHOICE OF CEREAL
*BACON
*CINNAMON ROLL

LUNCH

CRISPY CHICKEN SANDWICH
CHIPS
CHOCOLATE CHIP BROWNIE
SKY SAUCE
SALAD BAR

DINNER

BEEF OR CHICKEN FAJITA
**FLOUR OR CORN TORTILLA
PEPPERS AND ONIONS
CILANTRO RICE
CHARRO BEANS
TOPPINGS:
SOUR CREAM, PICO, SHREDDED LETTUCE,
CHEESE, GUACAMOLE
CHIPS & SALSA
CHURRO

SATURDAY

BREAKFAST

SCRAMBLED EGGS
BISCUIT W/GRAVY
SAUSAGE PATTIES
CRÈME BRÛLE FRENCH TOAST
BAGEL/TOAST STATION
OATMEAL BAR
FRUIT/YOGURT BAR
CHOICE OF CEREAL

LUNCH

HAMBURGER OR
GRILLED CHICKEN
**BRIOCHE BUN
BACON
CRINKLE CUT FRIES
**RANGER DAN COOKIES
LETTUCE/TOMATO/PICKLE
ASSORTED CHEESE
BURGER SAUCE
SALAD BAR

DINNER

TUSCAN CHICKEN PASTA
STEAMED BROCCOLI
GARLIC BREAD
SALAD BAR
APPLE COBBLER

**Adult and Staff Option*

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