

# 2025 SKY RANCH FALL MENU

## SUNDAY

### BREAKFAST

BELGIUM WAFFLE  
SCRAMBLED EGGS  
BACON  
SAUSAGE LINKS  
\*SEASONED HASHBROWNS  
YOGURT  
COFFEE CAKE  
CINNAMON ROLL

### LUNCH

### DINNER

## MONDAY

### BREAKFAST

### LUNCH

### DINNER

TUSCAN CHICKEN PASTA  
STEAMED BROCCOLI  
GARLIC BREAD  
CHOCOLATE CHUNK COOKIE  
SALAD BAR  
\*CUCUMBER TOMATO SALAD  
\*TOSCANO SOUP

POT ROAST  
MASHED POTATOES  
GRAVY  
GREEN BEANS  
HOMEMADE ROLL  
SMORES PUDDING PARFAIT  
SALAD BAR  
\*BAKED POTATO BAR

## TUESDAY

### BREAKFAST

SCRAMBLE EGGS  
BACON  
BISCUITS/GRAVY  
BAGEL/TOAST STATION  
FRUIT/YOGURT BAR  
OATMEAL BAR  
CHOICE OF CEREAL  
\*COFFEE CAKE  
\*MONOMYTH COFFEE

### LUNCH

CHICKEN OR BEEF NACHO'S  
CILANTRO RICE  
BUTTERED CORN  
TOPPINGS:  
PICO, SOUR CREAM, SALSA, GUACAMOLE  
\*\*CHURRO  
\*TX RANCH SALAD  
\*CHICKEN TORTILLA SOUP

### DINNER

BAKED ZITI  
SQUASH MEDLEY  
GARLIC BREAD  
CHOCOLATE CHIP BROWNIE  
SALAD BAR  
\*CHICKEN ALFREDO

*\*Adult and Staff Option*

*\*\*Special diet alternatives are available upon request. Please contact Heidi Hays, Food Service Liaison, for further questions or concerns at [HeidiH@SkyRanch.org](mailto:HeidiH@SkyRanch.org)*

**GLUTEN FREE OPTIONS AVAILABLE**

# WEDNESDAY

## BREAKFAST

SCRAMBLED EGGS  
SAUSAGE PATTIES  
**PANCAKE**  
SYRUP AND BUTTER  
FRUIT/YOGURT BAR  
OATMEAL BAR  
CHOICE OF CEREAL  
\*BACON  
\*MONOMYTH COFFEE

## LUNCH

HAMBURGER  
**BUN**  
BACON  
CRINKLE CUT FRIES  
**CHOCOLATE CHIP COOKIE**  
LETTUCE/TOMATO/PICKLE  
ASSORTED CHEESE  
SALAD BAR  
\*GRILLED CHICKEN  
\*POTATO SALAD

## DINNER

ROASTED TURKEY BREAST  
MASHED POTATOES  
GRAVY  
GREEN BEANS  
**HOMEMADE ROLL**  
**APPLE COBBLER & WHIP TOPPING**  
\*BAKE POTATO BAR

# THURSDAY

## BREAKFAST

SCRAMBLED EGGS  
BACON  
BISCUITS/GRAVY  
BAGEL/TOAST STATION  
FRUIT/YOGURT BAR  
OATMEAL BAR  
CHOICE OF CEREAL  
\*MONOMYTH COFFEE

## LUNCH

CHICKEN QUESADILLA  
SPANISH RICE  
REFRIED BEANS  
**CHURRO**  
SALAD BAR  
\*TX RANCH SALAD  
\*CHICKEN TORTILLA SOUP

## DINNER

**BAKED ZITI**  
BUTTERED CORN  
**GARLIC BREAD**  
**CHOCOLATE CHUNK COOKIE**  
SALAD BAR  
\*CHICKEN ALFREDO

# FRIDAY

## BREAKFAST

SCRAMBLED EGGS  
SAUSAGE PATTIES  
**PANCAKE**  
SYRUP AND BUTTER  
FRUIT/YOGURT BAR  
OATMEAL BAR  
CHOICE OF CEREAL  
\*BACON  
\*CINNAMON ROLL

## LUNCH

**CHICKEN STRIPS**  
WHITE CHEDDAR  
**MACARONI & CHEESE**  
STEAMED BROCCOLI  
**HOMEMADE ROLL**  
**CHOCOLATE CHIP BROWNIE**  
SKY SAUCE  
SALAD BAR  
\*BLT PASTA SALAD  
\*POTATO CHEESE SOUP

## DINNER

BEEF OR CHICKEN FAJITA  
\*\*FLOUR OR CORN TORTILLA  
PEPPERS AND ONIONS  
CILANTRO RICE  
CHARRO BEANS  
TOPPINGS:  
SOUR CREAM, PICO, SHREDDED LETTUCE,  
CHEESE, GUACAMOLE  
CHIPS & SALSA  
**CHURRO**

# SATURDAY

## BREAKFAST

SCRAMBLED EGGS  
**BISCUIT W/GRAVY**  
SAUSAGE PATTIES  
CRÈME BRULÉ FRENCH TOAST  
BAGEL/TOAST STATION  
OATMEAL BAR  
FRUIT/YOGURT BAR  
CHOICE OF CEREAL

## LUNCH

HAMBURGER OR  
GRILLED CHICKEN  
\*\*BRIOCHE BUN  
BACON  
CRINKLE CUT FRIES  
\*\*RANGER DAN COOKIES  
LETTUCE/TOMATO/PICKLE  
ASSORTED CHEESE  
BURGER SAUCE  
SALAD BAR

## DINNER

**TUSCAN CHICKEN PASTA**  
STEAMED BROCCOLI  
**GARLIC BREAD**  
SALAD BAR  
**APPLE COBBLER**

*\*Adult and Staff Option*

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