

WORK CREW

Summer Information 2019



SKY RANCH
TEXAS COLORADO OKLAHOMA

| WWW.SKYRANCH.ORG |

800.962.2267



Welcome from Linda S. Paulk.....	3
Letter From Team Leaders.....	4
Program Overview.....	5
Arrival, Departure, and Transportation Information.....	5
Getting Ready Checklist.....	6
Packing Tips.....	6
What to Bring and What NOT to Bring.....	7
Contact Information.....	8
Stay Connected with Sky Ranch Social Media.....	8
Health Information.....	9
General Guidelines and Policies.....	11
LifeMap.....	12

WELCOME FROM OUR PRESIDENT & CEO, LINDA S. PAULK



Dear Work Crew Participant,

Thank you for your desire to serve and grow at Ute Trail in our Work Crew program this summer! At Sky Ranch, it has been our privilege to minister to families for more than 60 years, providing a fun and a Christ-centered encounter. We pray your Work Crew experience will be exactly that. We are excited about what God has planned for your summer 2019.

Work Crew is a discipleship program designed to create an environment for growth in Christ through the experience of work and service.

Thank you again for selecting Sky Ranch for your Work Crew experience. We are looking forward to a terrific summer. Please know it is an honor and a pleasure to provide an environment where you can work, serve, have fun, build lifelong relationships and most importantly, learn how to be the full expression of what God created you to be! See you soon!

Please review the enclosed material and don't hesitate to contact Guest Services at 800.962.2267 or GuestServices@SkyRanch.org with any additional questions or concerns.

In His Grip,

Linda S. Paulk
President and CEO of Sky Ranch

LETTER FROM TEAM LEADERS



Welcome to Work Crew!

We are so excited for this summer and the incredible experience you are about to begin. These weeks will be spent living in deep fellowship, enjoying hilarious moments, relaxing, playing, and diving into what it really means to lead and live “on-mission”. We’ve been praying and preparing all year for this and can’t wait to spend time with you in colorful Colorado!

This summer you will be a part of a discipleship program that is designed to create an environment for your growth in Christ through the experience of work and service. The Work Crew program will be hard work, but with the purpose of growth, molding you into servant leaders. “So the last will be first and the first last.” (Matthew 20:16 ESV) It’s the kind of experience that wears you out and builds you up - the kind of experience that is deeply satisfying and ultimately life-changing.

So read through this packet and get prepared for an amazing summer!

You then, my son, be strong in the grace that is in Christ Jesus. And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others. Join with me in suffering, like a good soldier of Christ Jesus. No one serving as a soldier gets entangled in civilian affairs, but rather tries to please his commanding officer. Similarly, anyone who competes as an athlete does not receive the victor’s crown except by competing according to the rules. The hardworking farmer should be the first to receive a share of the crops. Reflect on what I am saying, for the Lord will give you insight into all this. – 2 Timothy 2:1-7

With Joy,

Paul Fritzsching
Leadership Camp Manager

Clinton Pfalser
Summer Camp Director

John Morgan
Vice President of Ministry Programs

WORK CREW PROGRAM OVERVIEW



Work Crew is a volunteer opportunity at Sky Ranch Ute Trail. Sky Ranch is quickly becoming the camp-of-choice for teen development through discipleship programs like Work Crew. This program is for high school graduates (18 years of age) who will spend five weeks at our Ute Trail location in Colorado working alongside program mentors. During the day, you will be serving in the kitchen, cleaning around camp, and working on the camp grounds. The Work Crew program will be hard work, but with the purpose of growth, molding you into servant leaders. Additional time will be spent in discipleship with program mentors and living in community with the Ute Trail staff. We have hand-picked our most qualified staff to lead this tight-knit group of only five young men and five young ladies. These role models will coach our Work Crew step by step and moment by moment. There will be accountability for one another while walking through the purpose-filled curriculum. When the session is over, our hope is that you will be better prepared to live out what you believe as you head off to college.

ARRIVAL, DEPARTURE, AND TRANSPORTATION INFORMATION



CHECK IN will take place on Saturday at Montrose Regional Airport in Montrose, Colorado.

- 2100 Airport Rd, Montrose, CO 81401
- Check-in begins at 1:00 pm.
- Campers will meet their Work Crew mentors at the Airport.
- Work Crew members load the van and depart for Ute Trail once everyone has arrived.

CHECK OUT will take place on the fifth Saturday at Montrose Regional Airport in Montrose, Colorado. The van will depart Ute Trail on Saturday after breakfast at 8:00 am and will arrive at Montrose Regional Airport by 10:00am.

Delays

Leadership staff on the van from Montrose to Ute Trail will contact Ute Trail Director, Skeet Tingle, if there are any serious delays in travel due to weather, emergencies, or other unforeseen situations. Parents will be notified by phone if there are any changes to plans.

Rules

All Work Crew members are required to follow the guidelines and rules explained and implemented by the camp leadership staff.

Maps and Directions

Maps and Directions to Sky Ranch locations are available on our website at www.SkyRanch.org/Locations.

GETTING READY CHECKLIST



Please be sure that all of these items are completed before your camper attends camp.

- ☐ Complete the Health Form ONLINE - through your online account at www.SkyRanch.org/Register.
- ☐ Download the physician's form and emergency contact form from your online account, take it to the doctor to fill out, and upload once completed. **You will NOT be allowed to participate without these forms completed.**
- ☐ Complete the medication form and bring it with you to check-in.
Review the packing list and purchase necessary items.

As always, if you have any questions or concerns that are not addressed in this packet, please feel free to call Guest Services at 800.962.2267.

PACKING TIPS



As you prepare for Sky Ranch Ute Trail, we have provided a list of items you will need to pack for Work Crew. On the following pages, we've included extensive lists for "What to Bring" and "What NOT to Bring". Before we jump into packing, we wanted to share a few tips.

HELPFUL HINTS

- You are traveling by plane and van, so space is limited. Therefore, each person is limited to 1 large duffle bag or suitcase (not to exceed 50 lbs.), a sleeping bag, and a carry-on backpack. **NO TRUNKS, please.** (If flying, TSA regulations apply.)
- Don't buy a lot of new clothing - this is camp, and we will most likely get wet and dirty!
- Use ziplock bags to waterproof items.
- Don't bring anything that you consider irreplaceable.
- Strapless clothing, mini-skirts, or t-shirts with large cut outs are not allowed.
- All shorts must be a modest length (fingertip length) and we have a NO ROLL rule.
- You will have access to laundry facilities.

WHAT TO BRING TO WORK CREW



Clothing *Please make sure that you clearly and boldly label all of your belongings!*

- Daily temperatures average about 75 degrees, nights can dip to 30
- Sturdy shoes for hiking, and an older pair of tennis shoes for daily use
- Water shoes - either sandals with back straps or shoes that can get wet
- **Lightweight jacket or fleece - very necessary**
- **Rain jacket or poncho - very necessary**
- One-piece swimsuit for water activities
- Western clothes
- Pajamas
- Hat and sunglasses
- Both pants and shorts
- Socks, underwear, pajamas
- T-shirts/Tops: both long and short sleeves

Camp Life

- Warm bedding - we recommend a 20 degree rated sleeping bag and a pillow.
- Flashlight/Head lamp and watch
- **BIG DEAL!!!** Please remember your Bible, a journal (*spiral notebook is fine*), and pen
- Sunscreen, bug spray, and toiletries (*shampoo, toothpaste, etc.*)
- Disposable camera, stationary, and stamps
- 2 towels (*for shower and river*) and a wash cloth
- ****WATER BOTTLE**** When in the mountains, it is important to drink plenty of water to avoid altitude sickness.

WHAT NOT TO BRING TO WORK CREW



Sky Ranch cannot be responsible for lost or broken articles. Please do not bring anything that would break easily or cause loss if misplaced.

Tobacco Products

Handheld video game systems

Paintball guns or gear

Skeet shooting equipment

Weapons (*including pocket knives and multi-tools*)

Personal sports equipment (*everything you need will be provided for your activities*)

Alcohol

Computers

Skateboards

Wake boarding equipment

Climbing gear

Fireworks

Bikes

Pets

Illegal drugs

Archery equipment

Scooters

SKY RANCH UTE TRAIL CONTACT INFORMATION



Year-Round Contact

Paul Fritzsching
Leadership Camp Manager
PaulF@SkyRanch.org

Sky Ranch Guest Services
Sky Ranch
24657 CR 448
Van, TX 75790
Phone: 800.962.2267
GuestServices@SkyRanch.org

Emergency Contact

(June through August)

Skeet Tingle
Ute Trail Director
SkeetT@SkyRanch.org

Sky Ranch Ute Trail
1329 Hwy 149
Powderhorn, CO 81243
Phone: 970.641.0717
Fax: 970.641.6098

STAY CONNECTED WITH SKY RANCH SOCIAL MEDIA



Stay Connected During Camp Week (and All Year Long!)

Sky Ranch has an active presence in several areas of social media. You can find our official Sky Ranch page on Facebook, follow us on Twitter, and Instagram.



Every Sky Ranch camper is required to fill out the Sky Ranch Health Form online on your online account. This should be completed prior to your session start date. Please log in at www.SkyRanch.org to complete.

Special Dietary Requirements

Sky Ranch is concerned about your health and will gladly work with you regarding special dietary restrictions and requirements. We can accommodate a gluten-free or dairy-free diet. Please contact Sky Ranch's Food Service Department by emailing AngieT@SkyRanch.org or calling 970.641.0717 to review our menu and make the appropriate substitutions if available.

Lice Policy

For the safety, health and comfort of all campers, no child with untreated lice (bugs) or lice eggs (nits) on their person or belongings will be admitted to camp. Each child will be checked for lice/nits upon arrival to camp. If lice/nits are present, they must be treated prior to admittance to camp. Parents are responsible for treatment of both their camper's belongings and camper's head when lice and or nits are found at camper check-in. Please check for lice within 48 hours of arriving at camp (see <http://www.wikihow.com/Check-a-Child's-Hair-for-Lice> for more information). In order to properly perform a lice/nit check, ponytails must be removed prior to check. We will do our best to do lice checks around braids but any signs of lice or nits will require that braids be taken out. In the event that lice/nits are found, you may choose to have Sky Ranch perform a lice/nit treatment for an additional fee.

Health Care Reminders

At Sky Ranch, safety is our number one priority. Your safety and health are of the utmost importance to us and we will provide professional and responsible care while you are at camp. To maintain our standards of excellence, we follow the regulations for Colorado and Texas Youth Camps, and subscribe to the American Camp Association standards. Below are some suggestions that will improve your experience and expedite your check in process on Sunday.

- Both prescription and over-the-counter medications are required to be in the original packaging and contain only the medication identified on the container. Do not put medications in pill containers.
- If you require a prescription medication, the prescription label must be legible with your name on it. Please do not use old bottles or those belonging to another family member as they will not be administered per state law. Prescriptions label instructions will be followed. If your doctor has recently changed the timing or frequency of the medication, make sure the prescription label is up to date.
- Because Non-FDA approved medications, which include most vitamins, oils, and dietary supplements are not regulated, they will only be accepted and administered if they include an order signed by a licensed provider (MD, DO, NP or PA). This order must instruct us on when and how much to give. This is to ensure your safety and to comply with the Nurse Practice Act.
- Please check the medication's expiration date. Expired medication will not be administered per state law.
- The ONLY medications that are permitted to be kept with you are RESCUE inhalers and EPI pens. If you have any questions, please feel free to contact our Health Care Administrator prior to camp. All other medications will be kept in the health center in a designated area.

- Please contact the camp Health Care Administrator as soon as possible at JenW@SkyRanch.org if you have one or more of the following conditions:
 - Requires any injectable medication
 - Autism
 - Any seizure disorder
 - Asperger's Syndrome
 - Any special situation that requires our attention. It is very beneficial for us to have this information as soon as possible so that we may prepare our counselors and staff.
- If you have had surgery, a fracture or serious injury within six weeks of camp, please contact our Health Administrator as a physician's release will be required.
- If contagious illness 7 days prior to camp, please contact Health Care Administrator to discuss specifics.
- All medications will be returned after the Work Crew session is complete. Medications that are left over are disposed of.
- Non-FDA approved medications will only be accepted if they are accompanied by a provider's order.

If you travel frequently or watch the news you have heard of bed bugs. At Sky Ranch, it is our desire to deliver excellence in everything we do, especially when it comes to the safety, comfort, and welfare of those we serve. Here are a few facts and some things that you can do to be proactive in protecting your family when it comes to bed bugs.

- Bed bugs are flattened, reddish-brown, oval shaped insects about ¼ in. long.
- Bed bugs do not "jump" or "fly"; they crawl.
- They are nocturnal (meaning they are more likely to move during the night-time hours.)
- Most people experience itching, pain and/or swelling of the skin where bed bugs have bitten. It's important to learn to identify the difference between bed bug and other insect bites, to determine action or treatment.
- Bed bugs are spread through affected furniture or by hiding in items used during travel.
- Bed bugs are commonly found in large buildings such as apartments, dormitories, prisons, hospitals, and hotels.
- Before treating an area that you suspect has been affected, it is important that a professional correctly identify the bug.

What can you do to prevent transmission of bed bugs? Perform a thorough search looking for signs of bed bugs in any suitable hiding place. Look for feces (small dark dots in mattress corners or tight spaces), bed bug eggs, and for live active bed bugs. The best way to prevent the spread of these pests is to take extra caution when acquiring furniture or when staying in hotels. Thoroughly check beds, including sheets and mattress cording, for signs of bed bug infestation. Keep luggage, clothing, and other personal items on luggage racks away from upholstered surfaces and walls.

While bed bugs are a nuisance and can cause small bumps and minor itching, they are not known to carry disease or cause other types of physical reaction. Since there is no immediate health concern to campers or guests, Sky Ranch focuses on prevention, and then limiting the spread of these insects, in the isolated cases where they are brought onto our properties. Sky Ranch has an aggressive protocol of elimination and cabin treatment, should we determine the presence of bed bugs. Because the safety and comfort of our campers and guests is of paramount importance, we take all reports of possible bed bugs seriously, and immediately bring our safety and security team to investigate the situation.

It is of primary importance to examine your luggage and belongings prior to coming to camp, as bed bugs are often unknowingly transported in suitcases.

Please feel free to contact our Health Care Administrator at JenW@SkyRanch.org with any questions.



Cancellations

All cancellation requests must be submitted via e-mail to PaulF@SkyRanch.org

Communications

The best way to contact Sky Ranch is by email or phone. Email us at GuestServices@SkyRanch.org or call us at 800.962.2267. We are always happy to visit with you, we are here to help.



At Sky Ranch, we are honored to have the opportunity to impart solid Christian principles and the Word of God into your child's life. Sky Ranch's faith and character development program is divided into three parts, and it's called the LifeMap. As your child grows older, he or she will progress through each phase until the completion of the program.

PHASE 1: LEARN



Developing character and faith.

Phase 1 of the Life Map is focused on learning. Our goal for this phase of a camper's life is to develop character by way of fun and relationships at camp and guide them to saving faith in Jesus.

Phase 1 programs include:

Launch Camp, Sky 1, Sky 2, Sky 3, Sky 4, and Young Riders

PHASE 2: EXPERIENCE



Putting faith into action.

Phase 2 of the Life Map is focused on experience. It is a time when campers are ready and desire to learn more about who God is and who He created them to be. It is during Phase 2 that campers are challenged to live out and be what they believe, by putting their faith into action. Phase 2 is where the leadership camps begins.

Phase 2 programs include:

Morph, Quest, Quest Colorado, Sigma, Sigma Senior, and Sky Fillies

PHASE 3: BECOME



Contributing through servant leadership.

Phase 3 of the Life Map is focused on becoming. This is the phase you move past the growth of a consumer and introduction of service, to becoming a full on servant leader. The works of your leadership become contributing factors to the growth of those are now entering into the Life Map and expand into your community, churches, and family.

Phase 3 programs include:

Work Crew, Summer Job Opportunities, and Legacy Fellowship